

EDUCATIONAL INSTITUTION «ALIKHAN BOKEIKHAN UNIVERSITY»

MODULAR EDUCATIONAL PROGRAM
6B03115 Psychology

Semey, 2023

Developed by the Department of Pedagogy and Psychology

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1. Explanatory note of the modular educational program 6B03115- "Psychology"

The modular educational program is based on the State Standard of Higher and Postgraduate Education, approved by the Order of the Minister of Science and Higher Education of the Republic of Kazakhstan dated July 20, 2022 No.2. Rules for the organization of the educational process on credit technology of education, approved by Order No. 152 of the Minister of Education and Science of the Republic of Kazakhstan dated April 20, 2011; - Model Rules for the activities of organizations of Higher and (or) Postgraduate Education, approved by Order No. 595 of the Minister of Education and Science of the Republic of Kazakhstan dated October 30, 2018.

The MOS is designed as a set of sequential training modules for the entire period of study and is aimed at mastering the competencies necessary for awarding the Bachelor of Social Knowledge degree in the educational program "Psychology"

The modules of the OOD block (56 credits in total, OK – 51, KV- 5) include disciplines common to all OP, during the study of which the graduate must master the following competencies: knowledge of the laws of society development and its cultural and historical values, the basics of computer science, language communication and understanding of the principles of a healthy lifestyle, information ownership about the political life of the country.

The DB block includes disciplines of the university component (VC) - 33 credits and elective components (CV) - 79 credits. The modules of these disciplines form a set of competencies: the formation of professional qualities, covering deep scientific, theoretical and methodological knowledge, practical skills and skills in historical, theoretical and branch sciences in the field of psychology.

The PD block includes disciplines of the university component (VC) -29 credits and elective components (CV) - 35 credits. The criterion for the completion of the educational process is the student's mastering of 232 credits of theoretical training and the final state certification of the IGA – 8 credits.

The MOS consists of 23 modules.

When discussing the MOS, it was noted by the social partners that the content of the OP fully reflects the necessary competencies of future psychologists. Social partners who took part in the discussion of the MOU Turarova A.M. - Psychologist in / h 55/11; Oryngalieva K. M. - Psychologist of the KGP on the PCV "Polyclinic No. 7 of Semey city"; Alimzhanova A.M.- Director of the Center for Correctional Services "Zharkyn bolashak"; Mukhambetova A.M. - Psychologist of the KSU "Center for the provision of special social services of Semey city".

The goal - is to train a professional psychologist who knows the methods and techniques of the main directions of psychological science.

Expected results of the educational program

ON-1. To know the specifics of the profession of a psychologist and the main stages of its formation, as well as to demonstrate knowledge and understanding of the main categories, provisions of modern psychological science and its development in the history of psychology.

ON 2- To describe the forms, levels of development of the psyche, the features of the activity of mental cognitive processes, to reveal their essence and originality of manifestations at the age stages of personality development, as well as to explain mental properties, their account in the behavior and activity of the individual, to consider the features of working with psychological states of personality.

ON-3. Apply knowledge of modern methods of psychophysiological, psychogenetic and medical effects, as well as be able to organize measures for psychological correction and psychotherapy of persons with emotional burnout syndrome.

ON-4. Apply and interpret modern methods of practical and other areas of psychology, projective techniques and diagnostic techniques in various areas and activities of a psychologist, demonstrate the skills of training work in a group.

ON-5. To use the most effective ways of communication of a psychologist in the social sphere, as well as to recognize conflict situations in professional activity.

ON-6. Apply the skills of culture and ethics of communication, including intercultural communication, in professional activities, as well as possess basic knowledge about individual differences and peculiarities of the course of mental processes.

ON-7. Apply theoretical and practical knowledge to solve marital problems, counseling on readiness for marriage.

ON-8. Demonstrate knowledge and understanding of the basic principles of psychological assistance to people who find themselves in a situation of stress and extreme situations, as well as recognize the criteria for the safety of the educational environment

- ON-9. To understand the meaning of ethnopsychological phenomena, to distinguish ethnic processes, as well as to generalize psychological knowledge at various stages of the development of psychology.
- ON-10. To recognize the main manifestations of aggressive, deviant and suicidal behavior in children and adolescents and to demonstrate the skills of preventive and diagnostic-correctional work.
- ON-11. To know the basic psychological theories of management and the specifics of negotiating in the business sphere.
- ON-12. Apply knowledge and understanding of facts, phenomena in various social spheres of psychology, as well as use them in practice.
- ON-13. To collect and interpret information for psychological research, as well as to apply mathematical methods in practice when processing research data.
- ON-14. Apply knowledge and understanding of facts about the relationship between thinking and speech, as well as analyze ideas about the psychological and psychophysiological mechanisms of cognitive activity.
- ON-15. To understand the importance of the principles of the culture of academic integrity; to systematize and summarize economic and legal information for use in professional activities, as well as to navigate issues of market economy and entrepreneurship; to analyze the phenomena of legal, economic order and to know the organizational and legal forms of entrepreneurial activity.

In order to create special conditions for people with special educational needs to receive education, the graduate's competence model is supplemented with professional competencies that ensure the adaptive nature of the main educational program. To this end, courses for the formation of the ability of persons with special educational needs to successfully socialize in society and actively adapt to the labor market, taking into account the characteristics of the disease, are introduced into the catalog of courses of the additional educational program "Minor".

2.

Competence of the graduate model

COMPETENCIES OF GENERAL EDUCATION

Knowledge:

- aimed at forming the ideological, civil and moral positions of the future specialist, competitive on the basis of knowledge of information and communication technologies, building communication programs in Kazakh, Russian and foreign languages, orientation to a healthy lifestyle, self-improvement and professional success;
 - they form a system of general competencies that ensure the socio-cultural development of the personality of the future specialist on the basis of the formation of his ideological, civil and moral positions;
 - develop the ability to interpersonal social and professional communication in Kazakh, Russian and foreign languages;
 - contribute to the development of information literacy through the mastery and use of modern information and communication technologies in all spheres of their lives and activities;
 - they form the skills of self-development and education throughout life;
 - they form a personality capable of mobility in the modern world, critical thinking and physical self-improvement;
 - to evaluate the surrounding reality on the basis of worldview positions formed by knowledge of the fundamentals of philosophy, which provide scientific understanding and study of the natural and social world by methods of scientific and philosophical cognition, to reveal the meaning of the content and specific features of the mythological, religious and scientific worldview;
 - to show a civic position based on a deep understanding and scientific analysis of the main stages, patterns, peculiarities of the historical development of Kazakhstan, to use methods and techniques of historical description to analyze the causes and consequences of events in the history of Kazakhstan;
- assess situations in various spheres of interpersonal, social and professional communication, taking into account basic knowledge of sociology, political science, cultural studies, psychology, arguing their own assessment of everything happening in the social and industrial spheres, as well as synthesize knowledge of these sciences as a modern product of integrative processes;

- to use scientific methods, methods of research of a specific science, as well as the entire socio-political cluster, to select a methodology, analyze and summarize the results of the study;
- to develop their own moral and civic position on the basis of social, business, cultural, legal and ethical norms of the Kazakh society;
- to put into practice knowledge in the field of social sciences and humanities, which has worldwide recognition, synthesize new knowledge and present it in the form of humanitarian socially significant products;
- to engage in communication in oral and written forms in Kazakh, Russian and foreign languages, using language and speech means based on grammatical knowledge to solve problems of interpersonal, intercultural and industrial (professional) communication, as well as to analyze information, actions and deeds of communication participants in accordance with the communication situation;
- use various types of information and communication technologies in personal activities: Internet resources, cloud and mobile services for the search, storage, processing, protection and dissemination of information;
- to build a personal educational trajectory throughout life for self-development and career growth, to focus on a healthy lifestyle to ensure full-fledged social and professional activities through methods and means of physical culture;
- to know and understand the basic laws of the history of Kazakhstan, the basics of philosophical, socio-political, economic and legal knowledge, communication in oral and written forms in Kazakh, Russian and foreign languages;
- apply the acquired knowledge for effective socialization and adaptation in changing socio-cultural conditions, possess the skills of quantitative and qualitative analysis of social phenomena, processes and problems.

SPECIAL COMPETENCIES:

To know:

- the main stages of the formation of psychology, psychological phenomena, categories and methods of studying and describing the patterns of functioning and development of the psyche;
- understanding and setting professional tasks in the field of research and scientific and practical activities;
- the bases of psychological classifications of evaluation criteria and interpretation of the results of projective techniques;
- basic concepts of age psychology;
- patterns of ontogenesis of mental processes, neuropsychological symptoms of a person in the conditions of education and upbringing at each age stage;
- professional tasks in the field of research and practical activities;
- psychological features of managerial activity;
- professional tasks in the field of organizational and managerial activity;
- socio-psychological aspects of personnel management;
- the main types of scientific research and their requirements;
- the main scientific and practical functions of psychology and the scope of application of psychological knowledge in various fields of life in accordance with - the requirements for the educational competence of a specialist psychologist;
- patterns of ontogenesis of mental processes, neuropsychological symptoms of a person in the conditions of education and upbringing at each age stage;
- knowledge in the field of communication technology, conflictology, communication strategy;
- psychological methods and techniques that allow solving typical tasks in various fields of practice;
- the specifics of the organization of the specialist's activities in the system of prevention of deviant and suicidal behavior;
- features of conducting psychological research based on the application of general professional knowledge and skills in various scientific and scientific-practical fields of psychology, methods of conflict resolution.

Be able to:

- apply various psychological theories in practice;
- apply neurolinguistic programming methods;
- competently apply psychodiagnostic tools, interpret the results obtained with the help of projective techniques;
- conduct training sessions, prevention of conflict behavior;
- to correlate the provisions of modern psychological science and its development in the history of psychology;
- systematically increase the level of knowledge on management activities;
- compare the main psychological theories that reveal the nature of various phenomena of managerial activity;
- distinguish between the principles and modern methods of psychophysiological and medical impact;
- use a projective approach in psychodiagnostics;
- distinguish between the range of mental processes, as well as all possible behavioral spheres in the practice of a psychologist;
- to synthesize psychological risks and threats of child-parent and marital relations taking into account ethno-cultural differences;
- evaluate the effectiveness of providing social and psychological assistance to minors with deviant behavior.

Skills:

- conducting psychological counseling, conflict resolution skills;
- carrying out diagnostic and correctional work;
- conducting art therapy techniques individually and in a group;
- compilation of the development of erection classes, analysis of their success;
- selection of methods in accordance with the contingent and objectives of the study;
- group work skills;
- application of projective techniques in individual and family counseling;
- ability to understand and manage the group, make decisions and solve problems;
- the ability to independently develop and put forward various options for solving professional tasks when working with a team;
- the ability to establish the necessary contacts with other people, to be understood, to communicate easily;
- computer psychodiagnostics and skilled work with computer diagnostic systems with subsequent psychological interpretation of large data sets;
- providing psychological assistance to the family, in certain psychotherapeutic approaches and counseling techniques; working with the family at various stages of development and being able to navigate family problems;
- take into account age characteristics in practice;
- using methods of historical and psychological analysis.

GENERAL PROFESSIONAL COMPETENCIES:**To know:**

- the content and main activities of a practical psychologist;
- regulatory and legal documents used in the activities of a practical psychologist in various educational institutions;
- methods of studying professionally important qualities of representatives of various professions;
- to provide psychological support in the prevention and/or resolution of deviations in social and personal status and development;
- the main directions, approaches, concepts and types of psychocorrection, classical and the most promising psychocorrection techniques and technologies;
- the presence of professional knowledge in the field of general and age psychology, the main methods of forming emotional flexibility;
- interdisciplinary fields of research and practical work, integration of sciences and the importance of psychological knowledge for individual sciences;

-develop a strategy, technique and tactics of interaction with people, organize their joint activities to achieve certain socially significant goals;

Be able to:

- establish and maintain the necessary contacts with other people, be understandable, not alien to communicate;
- to identify, comprehend and evaluate the possibilities of their development, to show their own talents, to master the methods of physical, spiritual and intellectual self-development, emotional self-regulation and self-support;
- evaluate the activities of a psychologist in special institutions, taking into account his training for work in various areas of psychology;
- be able to competently and psychologically correctly conduct various forms of psychological counseling;
- competently and psychologically correctly conduct various forms of psychological counseling;
- carefully and correctly apply the tools and tools of psychological diagnostics;
- apply diagnostic methods of professionally important qualities necessary for the implementation of successful professional activity.

Skills:

- be ready to improve the results of your work, increase the efficiency of work through the use of your own individual psychological potential;
- apply and interpret modern methods, techniques of practical psychology, diagnostic techniques in various areas and types of psychologist's activities;
- possess the skills of applying the basic methods and techniques that allow for correctional work;
- prevention of emotional stress;
- skills of using practical and innovative methods of socio-psychological rehabilitation of minors with deviant and suicidal behavior;
- creating a psychological climate in the family, group and team;
- implementation of interactive methods, psychological technologies focused on personal growth of employees and health protection of individuals and groups;
- responsible attitude to safety and environmental issues.

Table 1. The sequence of mastering disciplines in the process of forming special competencies

№	Competencies	The list of compulsory, elective disciplines and the sequence of their study		Expected result
		List of disciplines	A follower of their study	
1	Special competencies	1. Psychodiagnostics	3 sem	<p>To know: the basic concepts of psychodiagnostics, the application and limitations in the use of psychodiagnostic techniques in the practice of a psychologist.</p> <p>Be able to: evaluate the possibilities of a particular psychodiagnostic technique in accordance with the goals and objectives of the study, the selection of psychodiagnostic tools depending on the tasks to be solved,</p> <p>Skills: drawing up a psychological portrait and self-portrait; selection of means of psychodiagnostics depending on the tasks to be solved.</p>
		2. Age psychology	3 sem	<p>To know: basic concepts of age psychology; patterns of ontogenesis of human mental processes in the conditions of training and upbringing at each age stage; features of phylogenesis and ontogenesis of the human psyche, sociogenesis of consciousness; the most important theories and concepts of representatives of the</p>

				<p>leading areas of psychological science; the specifics of the leading type of activity at each stage of human development, to show the patterns of mental development at each age stage.</p> <p>To be able to: carry out a systematic approach and analysis of psychological phenomena; to characterize each period of a person's life, to reveal its specific and interrelated features with other periods, to distinguish the course of each period in people with different individual psychological characteristics; to conduct a socio-psychological analysis of age development.</p> <p>Skills: apply knowledge about the peculiarities of mental development in practice; use methods of studying socio-psychological phenomena to study the peculiarities of mental development of a school-age child, a child's group and self-study</p>
2	Special competencies	1. Training personal growth	3 sem	<p>To know: the principles of effective interaction; methods and techniques that contribute to the development of constructive interaction; factors that hinder productive communication during the work of the group.</p> <p>Be able to: analyze the work in the group; adhere to the rules adopted in the group; give feedback, reflect on your feelings.</p> <p>Skills: master the technique of designing and using the program of psychological and pedagogical training. Apply the rules of the management of the training group.</p>
		2. Training of communication skills	3 sem	<p>To know: the criteria of communication, as well as the structure and potential of training as a method of group work.</p> <p>Be able to: control yourself and your behavior in various situations of communicative interaction; apply the knowledge gained in practice.</p> <p>Skills: to use self-regulation methods in emotional states; to use communication skills in the process of exchanging information with other participants.</p>
3	Special competencies	1. Communication culture and business ethics	4 sem	<p>To know: the culture of communication and modern ethical standards of behavior, professional etiquette as the most important aspect of the culture of communication and professional behavior;</p> <p>Be able to: use theoretical knowledge about communication culture, ethics to analyze and solve various practical problems in your future profession.</p> <p>Skills: use the simplest methods of assessing situations and apply constructive influence skills in business conversations, business negotiations, telephone conversations, etc.</p>
		2. Professional skills and ethics of a psychologist	4 sem	<p>To know: the ethical code of a practical psychologist, the principles and norms of ethics; the characteristics of professional activity and its main directions; the structure of professional activity of a qualified psychologist; modern technologies of practical activity of a psychologist-practitioner as a professional; components of a psychologist's readiness for professional activity; personality quality, knowledge, skills that determine the success of a specialist in professional activity.</p>

				<p>Be able to: use the theoretical knowledge gained in professional activity; determine the optimal ways to build interaction, ways to solve crisis situations; create a model of a specialist psychologist; comply with the norms of professional ethics in various areas of psychological practice.</p> <p>Skills: to master the ethics of a psychologist; to apply professional skills in the activities of a psychologist.</p>
4	Special competencies	1. Projective methods in psychology	4 sem	<p>To know: types of projective techniques used in practice; the basis of psychological classifications of criteria for evaluating and interpreting the results of projective techniques; patterns of formation of a particular character structure; the structure of personal qualities; stages of personality development.</p> <p>Be able to: use a projective approach in psychodiagnostics; conduct a psychological examination of the subject, observing the algorithm of work with projective techniques; interpret the results obtained using projective techniques; provide feedback according to the request.</p> <p>Skills: selection of methods in accordance with the contingent and objectives of the study; use of projective techniques in working with different requests; application of projective techniques in individual and family counseling;</p>
		2. Psychology workshop	4 sem	<p>To know: methods of studying and describing the patterns of functioning and development of the psyche from the standpoint of existing approaches in domestic and foreign science; psychological methods and techniques that allow solving typical tasks in various fields of practice.</p> <p>Be able to: use basic psychological methods to solve scientific and practical problems; receive, process and interpret research data using mathematical and statistical apparatus; professionally influence the level of development and features of the cognitive and personal sphere in order to harmonize the mental functioning of a person; make a report on the results of research, diagnostic examination and impact in accordance with generally accepted requirements in psychology.</p> <p>Skills: apply knowledge about the organization of psychological experiment in professional activity</p>
5	Special competencies	1. Pediatric neuropsychology	4 sem	<p>To know: the specifics of neuropsychological symptoms and neuropsychological syndromes at different age stages; methods of neuropsychological examination (principles of construction, examination procedure, interpretation of results); principles and methods of restorative training; specifics of correctional work taking into account neuropsychological research.</p> <p>Be able to: to apply the basic methods of neuropsychological examination; to evaluate the results of neuropsychological examination in normal and in case of developmental abnormalities; to make corrective programs based on the data of</p>

				neuropsychological diagnostic examination Skills: apply the basic techniques of neuropsychological diagnosis and correction for developmental disorders of different etiologies
		2. Health psychology	4 sem	To know: theoretical and methodological foundations of clinical psychology in the field of norm and pathology; definitions of health in medicine, psychology, psychosomatics and other related disciplines Be able to: apply approaches to understanding health and illness in basic psychological theories (psychoanalysis, behaviorism, humanistic psychology, domestic psychology); use a preventive approach to health – individual and population. Skills: carrying out preventive work on the formation of a mature attitude to health, the formation of a goal-forming and meaning-generating wellness process; Building a consultative practice within the framework of prevention and development of health; Describing the characteristics and features of mental activity in persons in a state of "non-pain"
6	Special competencies	1. Cognitive psychology	5 sem	To know: the concept of an individual's cognitive system, its structure, basic processes; various methodological approaches to the study of the cognitive system. Be able to: professionally use methods of diagnosis and measurement of cognitive processes, be able to interpret the results of the study of mental processes, professionally organize and conduct psychological research, be able to integrate knowledge about cognitive processes to solve applied and practical problems; predict changes and dynamics of the development and functioning of cognitive processes, apply knowledge about cognitive processes to understand the patterns of functioning and development of the psyche; Skills: master the basic techniques for diagnosing and measuring mental processes in various types of human activity, specific methods for measuring individual mental processes and ways of processing them
		2. Fundamentals of psychoregulation	5 sem	To know: features of psychoregulation in the work of a psychologist; mental states in various situations and methods of their regulation. Be able to: carry out consulting activities taking into account the regulation of the mental state of the client; use psychological exercises for the psychoregulation of the personality. Skills: to know the ways to get out of crisis psychological states; the skills of using special methods that allow for correctional and developmental work on psychoregulation.
7	Special competencies	1. Psychology of deviant and suicidal behavior	6 sem	To know: factors contributing to the emergence of deviant and suicidal behavior, counteracting its development at the individual, family, group and general social levels.

				<p>Be able to: Apply methods and programs of correctional measures; evaluate the effectiveness of providing social and psychological assistance to minors with deviant behavior.</p> <p>Skills: To use the experience of practical use of acquired knowledge in the conditions of future professional activity; the use of adequate forms, methods and programs of corrective measures.</p>
		2. Psychology of aggression	6 sem	<p>To know: the main categories and concepts of aggressive behavior; to have an idea of the psychological features of working with aggressive personalities.</p> <p>Be able to: give a psychological characteristic of aggressive behavior, interpretation of one's own mental state; diagnose aggressive behavior and carry out corrective work with aggressive personalities.</p> <p>Skills: to possess modern technologies, methods of organizing correctional activities, forms and methods in working with aggressive children; to know the peculiarities of a person's mental state.</p>
8	Special competencies	1. Emotional flexibility of psychologists	6 sem	<p>To know: professionally significant qualities for a specialist psychologist; the main components of emotional flexibility: emotional stability, emotional expression, empathy, emotional responsiveness; emotional culture of the psychologist; the main methods of formation of emotional flexibility.</p> <p>Be able to: be emotionally flexible: accept your own and others' emotions; manage emotions; assess the real situation; overcome psychological barriers; cope with many internal difficulties; adapt to changing environmental conditions</p> <p>Skills: emotionally flexible; emotionally cultured; perceives his own and others' emotions; emotionally restrained, expressive, empathy, responsibility.</p>
		2. The psychology of emotional burnout	6 sem	<p>To know: the concept of "burnout syndrome"; to distinguish between psychopathological, psychosomatic, somatic symptoms and signs associated with emotional burnout; methods and forms of work aimed at preventing emotional burnout.</p> <p>Be able to: distinguish between the main signs and stages of emotional burnout, provide psychological assistance to people with emotional burnout; carry out prevention of emotional burnout.</p> <p>Skills: relieving symptoms of burnout and preventing emotional stress Must demonstrate the ability and willingness to: Apply the acquired knowledge and formed skills in the practice of professional activity</p>
9	Special competencies	1. Basics of psychotherapy	6 sem	<p>To know: the subject and content of the discipline "Fundamentals of psychotherapy", the code of a practical psychologist, the main conceptual provisions, therapeutic content, criteria for innovations and causes of inappropriate behavior of clients/ patients in the aspect of psychotherapy models, as well as the features of special problems of psychological counseling.</p>

				<p>Be able to: conduct consultations, conversations, establish consultative contact, form goals and objectives of psychotherapeutic influence. Apply basic psychotherapy procedures and techniques, build therapeutic relationships, evaluate client/patient problems;</p> <p>to diagnose problematic behavior; to collect a psychological history.</p> <p>Skills: conceptual apparatus of the psychoanalytic approach in psychology; methods of interpretation; skills to navigate well in various concepts and approaches that are presented in this course.</p>
		2.Existential psychology	6 sem	<p>To know: basic concepts of existential psychology; history and trends in the development of existential psychology; methods of existential psychology; features of the development of existential-humanistic ideas in foreign and domestic psychology.</p> <p>Be able to: apply the conceptual and categorical apparatus of existential psychology to analyze psychological phenomena; use methodological approaches of existential psychology to solve research problems; use methods of existential analysis to solve complex life situations.</p> <p>Skills: practical application of knowledge about the main types of existential psychology; skills of using basic methods and techniques of psychological counseling in an existential approach.</p>
10	Special competencies	1. Legal psychology	7 sem	<p>To know: basic and basic concepts of legal psychology.</p> <p>Be able to: use the achievements of legal psychology in solving various tasks of everyday life and human activities.</p> <p>Skills: application of the basics of legal knowledge in the course of psychological support of a person; the ability to take into account the peculiarities of regulation of behavior and activity of a person with criminal motivation at various age stages;</p>
		2. Political psychology	7 sem	<p>To know: the main directions of the development of political psychology; methods and features of the work of a psychologist in the political sphere;</p> <p>Be able to: apply methods of diagnosing the psychological and political stability of society and the political motivation of the masses and methods of economic and psychological research and collecting information for the development of the political culture of society and its members.</p> <p>Skills: the main techniques for creating the popularity of political subjects and diagnosing the state of mass consciousness; the main techniques for preventing negative consequences of activities in the political sphere</p>
11	Special competencies	1. Psychological service in the social sphere	7 sem	<p>To know: the content and main activities of a practical psychologist in the social sphere, ways of organizing joint activities and interpersonal interaction of subjects of the social sphere.</p> <p>Be able to: provide psychological support in the prevention and/or resolution of</p>

				<p>deviations in social and personal status and development, to diagnose interpersonal interaction of subjects of the social sphere;</p> <p>Skills: methods and techniques of the practical psychologist in the social sphere; methods and techniques of effective interaction.</p>
		2. Organization of psychological services in various institutions	7 sem	<p>To know: regulatory and legal documents used in the activities of a practical psychologist in various educational institutions; methods of studying professionally important qualities of representatives of various professions; features of the work of a psychologist in an organization and in an educational institution.</p> <p>Be able to: characterize and analyze the features of interpersonal relationships in the workforce; conduct diagnostic, correctional and advisory work;</p> <p>Skills: skills of applying diagnostic methods of professionally important qualities necessary for the successful professional activity of representatives of various professions; skills of modeling the psychological service of the organization; conducting trainings.</p>
12	Special competencies	1. Ethnopsychology	4 sem	<p>To know: basic and modern approaches and methodological provisions of ethnopsychology, psychological features of various nations and ethnic groups; patterns of functioning of ethno-cultural groups, the emergence and development of psychological processes in them, the interaction of personality with them.</p> <p>Be able to: analyze psychological phenomena and processes in various ethno-cultural groups, comparing and comparing them with each other; analyze and identify psychological problems of a particular person associated with her belonging to this ethno-cultural group.</p> <p>Skills: solving real applied problems arising in practice; master the techniques of designing tests; possess the skills of working with psychodiagnostic methods; use professional skills and skills in practice.</p>
		2. Psychology of thinking and intelligence	4 sem	<p>To know: basic mental processes; basic psychological theories of thinking and intelligence; functional classifications of thinking; fundamentals of personality psychology; basic approaches to the study of the structure of intelligence; methods of diagnosis of thinking and intelligence.</p> <p>Be able to: apply the acquired knowledge in practice; distinguish between creative and critical thinking; operate with a scientific and conceptual apparatus in this discipline; diagnose the levels of development of intelligence and thinking; diagnose the types of basic thinking.</p> <p>Skills: to present material on the problems of psychology of thinking and intelligence; students' understanding of the theoretical foundations and methodological approaches to the problem of intelligence research; working with diagnostic tools; using the knowledge gained in everyday life and professional</p>

				activities.
13	Special competencies	1. Differential Psychology	5 sem	<p>To know: basic concepts of differential psychophysiology, modern ideas about temperament, character and abilities; psychological features of constitutions of different types; features of mental activity of male and female persons;</p> <p>Be able to: navigate the scientific concepts of individuality for the competent conduct of scientific research and effective resolution of practical requests;</p> <p>Skills: Possess the following skills: work with literary sources; analysis of the basic theories and concepts of differential psychology; generalization of theoretical data in application to a specific practical plan</p>
		2. Ethics and psychology of family relations	5 sem	<p>To know: psychological features of family relationships; the concept of family as a social institution; to acquaint with the moral norms of marriage in traditional culture.</p> <p>Be able to: perform tasks provided by the program; correctly use special terms; resolve and prevent conflicts arising in family relationships.</p> <p>Skills: working with family and the ability to navigate family problems; interaction between people living in the same family.</p>
14	Special competencies	1. Correctional psychology	6 sem	<p>To know: the main directions, approaches, concepts and types of psychocorrection, classical and the most promising psychocorrection techniques and technologies.</p> <p>Be able to: think analytically and critically evaluate the works of outstanding representatives of psychology and psychotherapy, competently apply theoretical knowledge in the preparation of psychocorrective programs and in the process of carrying out psychocorrective activities; analyze, evaluate, draw conclusions based on the theoretical and methodological principles of psychological correction.</p> <p>Skills: skills of using knowledge about general specific patterns and individual characteristics of mental and psychophysiological development, peculiarities of regulation of human behavior and activity at various age levels. Possess the skills of applying the basic methods and technologies that allow solving problems in correctional work.</p>
		2. Workshop on psychodiagnostics	6 sem	<p>To know: the theoretical foundations of psychodiagnostic tools, the variety of psychodiagnostic methods and techniques and the possibilities of their application in various situations.</p>

				<p>Be able to: competently apply psychodiagnostic tools; make a psychological conclusion and formulate psychological recommendations based on the results of a personality examination.</p> <p>Skills: classical and modern methods of searching, processing and using information; methods of psychological research.</p>
15	Special competencies	1. Gestalt psychology	7 sem	<p>To know: the role and significance of this course for psychological science, the main stages of the development of gestalt theory, the contribution of scientists to the development of the gestalt approach; methodological principles of the gestalt approach; the content of the main provisions of gestalt therapy; pressing problems of the current stage of development of the gestalt approach in the country and the world; achievements and miscalculations of the practical work of psychologists.</p> <p>Be able to: understand the relationship between the theory and practice of the gestalt approach; see the content of problems in real phenomena of social life; comprehend the general directions of possible study of these phenomena; apply knowledge from the course of gestalt therapy in practice; find relevant literature on the issue under study.</p> <p>Skills: Have a clear idea of the professional role of a gestalt therapist; skills of working with literature on the problems studied; basic techniques and technologies of the gestalt approach.</p>
		2. Fundamentals of psychoanalysis	7 sem	<p>To know: the prerequisites for the emergence, the history of the formation and development of psychoanalysis, the life path and creativity of the founder of psychoanalysis Z.The methodological foundations, the main theoretical concepts and categories of modern psychoanalysis; the dynamics of the process of psychoanalytically oriented counseling, the essence and content of the stages of the psychoanalytic process, the features of the work of a psychoanalytically oriented specialist, psychoanalytic rules and procedures.</p> <p>Be able to: navigate the system of historical and psychological knowledge, analytically and critically approach the study and development of the works of Z.Freud, as an outstanding representative of psychological knowledge, and his followers; to use the theoretical material of the discipline in research activities, as well as in future consulting work; to apply the requirements of professional ethics in working with clients, to design methods of psychological assistance to the client.</p> <p>Skills: conceptual foundations and categorical apparatus of psychoanalysis; - skills and abilities of psychoanalytically oriented interviewing and psychoanalytic psychodiagnostics, structuring a consultative conversation, using factors affecting</p>

				the nature of the consultative process and changes in the psychological status of the client.
16	Special competencies	1. Art therapy techniques	7 sem	<p>Name: basic theories, principles, basic concepts of art therapy; factors of psychotherapeutic influence in art therapy, the main art therapeutic directions.</p> <p>To diagnose the client's problems in an art-therapeutic way, to build a therapeutic strategy in working with the client, to select methods and techniques of work.</p> <p>Skills: can apply techniques art therapy (music therapy, sand therapy, fairy tale therapy, clay therapy, etc.) in professional activities.</p>
		2. Basics of individual and group psychotherapy	7 sem	<p>Know: the main psychotherapeutic directions, the history of their formation and development, the features of the use of psychotherapeutic methods in practical activities.</p> <p>Be able to: use psychotherapeutic techniques, such as autogenic training, persuasion and self-hypnosis, hypnosis, psychodrama in the professional activities of a psychologist.</p> <p>Skills: analytical comprehension and critical development of the works of outstanding representatives of psychotherapy; readiness to apply the knowledge gained in practical activities.</p>
17	Special competencies	The basis of psychological counseling	4 sem	<p>Know: basic ideas about the content of various types of psychological counseling, the main stages, dynamics and organization of the counseling process, as well as basic techniques and techniques;</p> <ul style="list-style-type: none"> - ethical and legal aspects of the psychologist-consultant; - the main strategies, techniques and techniques used in various modern areas of psychological assistance. <p>Can:</p> <ul style="list-style-type: none"> - to highlight the specifics of psychological counseling and independently formulate its tasks in relation to specific situations; - Guide in a wide range of psychological problems and help the client formulate a request for psychological help. <p>Skills: basic skills in establishing and maintaining psychological contact; skills in providing psychological support; some specific techniques and techniques within the framework of certain areas of psychological counseling.</p>
18	Special competencies	1. Psychology of management	8 sem	<p>Name: psychological features of managerial activity; socio-psychological aspects of personnel management; ways and methods of creating a favorable psychological environment in the team; characteristics of small groups and collectives; theories of personnel motivation; features of the personality of the leader.</p> <p>To be able to: analyze the psychological aspects of solving various problems within the framework of management activities; apply the latest psychological technologies and methods of their use in order to increase production efficiency;</p>

				show increased attention to the development and realization of a creative personality. Skills: by methods of psychological influence on the team and individuals to optimize the moral and psychological climate in the team; methods of business and managerial communication.
		2. Psychology of communication and negotiations	8 sem	To know: the main categories and concepts of psychology of communication; the main domestic and foreign approaches and concepts in the field of psychology of communication; methods of studying communication and sociability; factors and psychological mechanisms of formation, development and functioning of the personality; Be able to: organize psychological space and interaction in the format of the negotiation process, business and personal communication; organize business communication and negotiation events in accordance with the age, gender and level of education of potential participants in the process; take into account the factors affecting the success of personal and business communication, the negotiation process; apply various psychodiagnostic, preventive and correctional-developmental techniques in working with the group. Skills: negotiation process; skills of organization, conduct and monitoring of the effectiveness of communication and negotiations; methods and techniques of effective psychological interaction with the group; skills of building and organizing diagnostic procedures in the format of business communication and negotiation process.
19	Special competencies	Introduction to the specialty	1 sem	To know: the history of the development of the specialty of psychology and the specifics of the profession of a psychologist; the basic ethical and professional principles governing the activities of a psychologist; the basic laws, structure, methods and principles of the specialty; directions, basic principles and technology of specialization of the psychologist's activities in various spheres of society (labor organization, education, healthcare, sports, emergency situations); features of professional and personal the growth of a psychologist; features of marketing of psychological services.; Ability to: apply the acquired knowledge in practical activities; on the professional scientific and conceptual apparatus; With the need to identify and analyze the requirements for a specialist psychologist in different areas of specialization; choose, plan, organize the process of individualization of training, taking into account the directions of specialization. Skills: search and work with relevant scientific literature; research and diagnostic work; professional communication in the process of professional development
20	Special competencies	1. Psychology I	1 sem	To know:

				<p>- the history of the development and formation of general psychological sciences; methods and techniques of experimental and applied research; basic concepts and methodological principles of psychological science; the history of the development of the main schools and trends in psychology; cognitive processes and their physiological theories.</p> <p>Be able to: work with the scientific and conceptual apparatus of psychology; choose the right methods and techniques necessary for research; planning and conducting applied psychological research; generalization and comparison, analysis of the results of theoretical and applied research in the field of general psychology; be able to analyze psychological data and phenomena, basic theories and methods of psychology.</p> <p>Skills: Possess the following skills: the ability to work with scientific literature; be able to organize research and diagnostic work; compilation of theoretical and empirical models of experimental research; the ability to distinguish the characteristics and features of mental processes; mastering the laws of functioning.</p>
21	Special competencies	Developmental psychology	2 sem	<p>To know:</p> <ul style="list-style-type: none"> -basic concepts of differential psychophysiology; -modern ideas about temperament, character and abilities; - psychological features of the constitution of different types; features of mental activity of male and female persons; <p>Can:</p> <p>To orient oneself in the scientific concepts of individuality for the competent conduct of scientific research and the effective solution of practical requests.</p> <p>Skills:</p> <p>possess the skills of mastering the methods of critical assessment in the framework of psychological work with adults; skills of analyzing individual differences, structuring psychological information on the problem of individual specificity; psychological counseling on socio-psychological issues; possess the methodology of socio-hygienic education; implementation of communicative programs</p>
22	Special competencies	Psychology II	3 sem	<p>Know: the structure and psychological characteristics of activities; the general psychological content of "personality", individual typological features; psychological mechanisms and patterns of behavior of individuals and groups in society and in the process of communication; psychological and physiological theories of mental properties, states; psychological mechanisms and patterns of behavior of individuals and groups in society and in the process of communication.</p> <p>Be able to: to analyze psychology and human behavior in the categories and concepts accepted in modern psychology; to determine the mechanisms of functioning of mental and psychological phenomena; to use the knowledge gained in professional activity and daily life; to be able to give a psychological</p>

			<p>characteristic of a person, her temperament, abilities, character; to interpret her own mental states.</p> <p>Skills: methods of development and management of emotional states of a person, a group; methods of understanding personality characteristics; ways of using psychological knowledge to achieve the goal; mastering complex general and special abilities based on practice-oriented psychological knowledge; the ability to use psychological methods in practice when studying the goals of improving the level of mental processes, characteristics and conditions of human self-development and professional success</p> <p>knowledge about the structure of personality, the "units" of its construction and the mechanisms that stimulate its development</p>
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23	Special competencies	Introduction to Social Psychology	3 sem	<p>Know: basic principles, concepts and categories of social psychology;</p> <ul style="list-style-type: none"> - theoretical approaches and features of the process of socialization of the individual; - socio-psychological features and patterns of the communication process; features of the formation and functioning of various social groups and communities. <p>Be able to: effectively apply in practice modern descriptive, empirical and experimental methods of socio-psychological research; evaluate and interpret various socio-psychological phenomena, select criteria for analyzing socio-psychological phenomena that meet the goals and objectives of the study; draw up a program of socio-psychological research and conduct research work; work in a team (group).</p> <p>Skills:</p> <ul style="list-style-type: none"> - search and work with relevant scientific literature; - psychodiagnostic and research activities; - professional communication.
24	Special competencies	Psychogenetics	3 sem	<p>To know:</p> <ul style="list-style-type: none"> - on the role of heredity and the environment in the formation of individual differences; - information on the role of the genotype and environment in individual development and in the occurrence of various disorders and diseases associated with the activity of the nervous system; - about the current state and prospects of developed genetics of behavior in connection with the intensive development of molecular genetic technologies. <p>Can:</p> <ul style="list-style-type: none"> - own the methodology of psychogenetic research and be able to correctly interpret their results; - own the basic methods of psychogenetics and be able to independently plan a psychogenetic study; - be able to independently analyze the manifestations of hereditary and environmental factors in the features of human behavior;

				<p>- apply in practice knowledge in the field of psychogenetics.</p> <p>Skills:</p> <p>- apply in practice knowledge in the field of psychogenetics. characterize genetic differences; carry out methods for identifying genetically occurring abnormalities and changes; make a description of hereditary mental abnormalities.</p>
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Table 2. The sequence of mastering the disciplines of social and professional interaction

Course	Supporting disciplines	Competence	Expected results
1	2	3	4
1	History of Kazakhstan	General education	<p>know:</p> <ul style="list-style-type: none"> - demonstrate knowledge and understanding of the main stages of history development of Kazakhstan; <p>Be able to:</p> <ul style="list-style-type: none"> - to correlate the phenomena and events of the historical past with the general paradigm of the world-historical development of human society through critical analysis; - be able to objectively and multy-sided comprehend the immanent features of the modern Kazakh model of development; <p>Own:</p> <ul style="list-style-type: none"> - possess the skills of analytical and axiological analysis in the study of historical processes and phenomena of modern Kazakhstan; - systematize and critically evaluate historical phenomena and the processes of the history of Kazakhstan
1	Kazakh (Russian) language	General education	<p>Know:</p> <ul style="list-style-type: none"> - theoretical foundations of the course (language, its functions, forms of speech, text, its features, styles of speech, functional and semantic types of speech); - features of dialogic and monologue speech; - types of scientific information and the specifics of its implementation in a scientific text; - elements of structural-semantic analysis and semantic analysis of a scientific text, components of a speech situation, speaker's intentions. <p>Be able to:</p> <ul style="list-style-type: none"> - to carry out the correct choice and use of language and speech means for solving certain problems of communication and cognition based on knowledge of a

			<p>sufficient amount of vocabulary, a system of grammatical knowledge, pragmatic means of expressing intentions;</p> <ul style="list-style-type: none"> - compose everyday, socio-cultural, official and business texts in accordance with generally accepted norms, functional orientation, using lexico-grammatical and pragmatic material of a certain certification level that is adequate to the goal; - interpret the information of the text, explain in the scope of the certification requirements the style and genre specifics of the texts of the socio-cultural, socio-political, official business and professional spheres of communication; - participate in communication in various situations in different spheres of communication in order to realize their own intentions and needs (everyday, educational, social, cultural), declaring them ethically correct, meaningfully complete, lexico-grammatically and pragmatically adequate to the situation; - discuss ethical, cultural, socially significant issues in discussions, express their point of view, defend it with arguments, critically evaluate the opinion of interlocutors; - build speech behavior programs in situations of personal, social and professional communication in accordance with the norms of the language, culture, specifics of the sphere of communication, certification requirements; - request and communicate information in accordance with the situation of communication, evaluate the actions and deeds of participants, use information as a tool to influence the interlocutor in situations of knowledge and communication in accordance with certification requirements. <p>Own:</p> <ul style="list-style-type: none"> - the skills of producing oral and written speech in accordance with the communicative goal and the professional sphere of communication; - language skills in various situations of everyday, socio-cultural, professional communication; - skills of searching, processing information in Russian; - types of speech activity.
1	Foreign language	General education	<p>Know:</p> <ul style="list-style-type: none"> - lexical minimum and language material of topics and subtopics in a given discipline (social and social and cultural spheres of communication). <p>Be able to:</p> <ul style="list-style-type: none"> - understand by ear not only individual phrases and frequently used words, but also more voluminous statements on topics directly related to it, - understand the main content of short simple content on the radio, at the airport, at the station. - understand when reading the content of short, simple texts, advertisements,

			<p>brochures, menus, bus and train schedules, short simple personal letters, e-mails.</p> <ul style="list-style-type: none"> - communicate in simple typical situations that require the exchange of information within the framework of familiar topics and activities, be able to talk about family, living conditions, training sessions. - write a simple letter of a personal nature, a note, an autobiography. <p>Own:</p> <ul style="list-style-type: none"> - understanding of foreign language dialogic and monologue speech within the framework of general cultural and professional topics; - a foreign language at a level that allows to carry out the main types of speech activity; - different ways of oral and written communication; - skills of adequate response in situations of everyday, academic and professional communication; - skills of listening, reading, writing.
1	Information and communication technologies (in English)	General education	<p>Know: What economic and political factors contributed to the development of information and communication technologies; features of various operating systems, architecture; Be able to: identify the main trends in the field of information and communication technologies; se information resources to search and store information; work with spreadsheets, perform data consolidation, build graphs; apply methods and means of information</p> <p>Be able to: design and create simple websites; to process vector and bitmap images; to create multimedia presentations; to use various platforms for communication; calculate and evaluate performance indicators of supercomputers; use various forms of e-learning to expand professional knowledge; use various cloud services.</p> <p>Own: database structure development; designing and creating presentations; receiving data from the server; creating video files; working with Smart applications; working with services on the e-government website</p>
2	Philosophy	General education	<p>Know:</p> <ul style="list-style-type: none"> -basic philosophical concepts and categories, patterns of development of nature, society and thinking; - the essence of philosophical categories, terminology of philosophy and the structure of philosophical knowledge, functions of philosophy methods of philosophical research; - the place and role of philosophy in public life; <p>Be able to:</p> <ul style="list-style-type: none"> - to use the basics of philosophical knowledge to form a worldview position; - analyze ideological, socially and personally significant philosophical problems; - to orient oneself in the system of philosophical knowledge as a holistic view of the

			<p>foundations of the universe and the prospects for the development of planetary society;</p> <ul style="list-style-type: none"> - to understand the characteristic features of the modern stage of philosophy development <p>Own:</p> <ul style="list-style-type: none"> - the skills of philosophical analysis of various types of worldview; - the skills of philosophical thinking to develop a systematic, holistic view of the problems of society; - the skills of analyzing texts with philosophical content
1	Sociology	General education	<p>Know:</p> <ul style="list-style-type: none"> - patterns and stages of the historical process, the main historical facts, dates, events and names of world and domestic historical figures; - the main events and processes of national history in the context of world history <p>Be able to:</p> <ul style="list-style-type: none"> - critically perceive, analyze and evaluate historical information, factors and mechanisms of historical changes; - analyze civil and ideological positions in society, form and improve their views and beliefs, transfer philosophical worldview to the field of material and practical activities; - use various philosophical methods to analyze trends in the development of modern society, philosophical and legal analysis <p>Own:</p> <ul style="list-style-type: none"> - skills of a holistic approach to the analysis of society's problems; - methods of philosophical, historical and cultural studies, techniques and methods of analyzing the problems of society; - causal relationships in the development of Kazakhstan society; - the place of a person in the historical process and the political organization of society; - skills of respectful and careful attitude to the historical heritage
1	Political Science	General education	<p>Know:</p> <ul style="list-style-type: none"> - the main stages of the development of political knowledge in the history of civilization; - schools and directions of modern political science; - political life of society; - the political system and its institutions; - the essence of political processes in the country and the world. <p>Be able to:</p> <ul style="list-style-type: none"> - analyze the features of political systems and the functioning of political

			<p>institutions;</p> <ul style="list-style-type: none"> - critically evaluate the theoretical approaches of political science; - identify the interrelationships and patterns of the political process; - compare political systems, institutions and actors in the cross-country and subnational context, based on the knowledge gained and the methods mastered. <p>Own:</p> <ul style="list-style-type: none"> - the skills (gain experience) of working with primary sources on the topics of the course; analysis of regulatory legal acts and other documents; search, processing and analysis of information; solving problems related to the assessment of the political course; working in groups, project activities, business games; public speaking; academic writing. -the skills to express their thoughts and opinions in interpersonal and business communication in a foreign language; - the skills to extract the necessary information from the original text in a foreign language.
1	Cultural studies	General education	<p>Know:</p> <ul style="list-style-type: none"> - basic theories of culture, basic concepts of cultural studies; the main directions of the methodology of modern cultural analysis; - the history of the formation of world culture and civilization, theoretical features of basic cultural concepts, various interpretations of culture and civilization in world and domestic literature; - actual problems of the development of modern culture; - the idea of culture as a socio-historical phenomenon; - patterns of the development of world cultures, as well as the typology of the classification of cultures; -basic knowledge about the history of the most important cultures of mankind; - about the ways of acquiring, storing and transmitting the basic values of culture - about the diversity and self-worth of various cultures, - forms and types of culture, patterns of their functioning and development, the main cultural and historical regions <ul style="list-style-type: none"> - the history of Kazakh culture, its place in the system of world culture and civilization <p>Be able to:</p> <ul style="list-style-type: none"> - identify the features of this culture, the dominant values in it; - explain the specifics of intercultural communication; - conduct independent professional activity in a dynamically changing multicultural society; - navigate the cultural environment of modern society;

			<ul style="list-style-type: none"> - explain the phenomenon of culture, its role in human life; - navigate cultural issues, independently understand the issues of the influence of cultural factors on the behavior of individuals; <p>Own:</p> <ul style="list-style-type: none"> - practical skills in the preservation and enhancement of national and world cultural heritage; - practical skills of practical use of knowledge and skills in taking into account the specifics of cultural behavior of various individuals and collectives in the modern conditions of the formation of civil society in the Republic of Kazakhstan
1	Psychology	General education	<p>To know: the meaning and place of psychology in the system of sciences; the main directions of personality development in modern psychology; personal values and meanings in professional self-determination; the relationship and mutual influence of the psyche and body; techniques and techniques of effective communication.</p> <p>Be able to: interpret basic psychological theories, concepts; use methods and mechanisms of emotion regulation in everyday life; identify patterns of behavior in a conflict situation and conduct self-diagnosis.</p> <p>Skills: determination of individual psychological characteristics of personality, value-semantic representations in professional self-determination of personality; recognition of psychological impact and effective communication.</p>
1,2	Physical culture	General education	<p>Know: - the role of physical culture in the development and training of a specialist; - fundamentals of the state policy of the Republic of Kazakhstan in the field of physical culture and sports; - theoretical and methodological foundations of physical culture; - the main achievements of the Republic of Kazakhstan in the field of physical culture; - hygienic and organizational bases of physical culture and sports.</p> <p>Be able to: - use practical skills and abilities in life that ensure the preservation and strengthening of health, development and improvement of psychophysical abilities and qualities; - use physical culture, sports and wellness activities to achieve life and professional goals; - apply the rules for the safe conduct of physical exercises and sports.</p> <p>Own: - the skills of organizing mass sports competitions; - exercises for professional and pedagogical physical training, general physical training, special physical training, as well as apply special games in practice; - a system of practical skills that ensure the preservation and strengthening of health, development and improvement of psychomotor abilities and qualities.</p>
1	Fundamentals of economic and legal knowledge	General education	<p>Know: methods of scientific research in economics, various theories about entrepreneurship, financial literacy and market economy, types of entrepreneurial activity, spheres of entrepreneurship, to master various quantitative and qualitative methods for creating the future of your own business, entrepreneurial calculations, analytical calculations and forecasts, the main provisions of the Constitution and the</p>

			current legislation of the Republic of Kazakhstan, the system of public administration bodies and their terms of reference, the mechanism of interaction of substantive and procedural law, the essence of corruption and the reasons for its origin, current legislation in the field of anti-corruption
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			<p>Be able to: analyze and justify the reality of business plans, market segmentation, competently and professionally assess the market situation for the organization of their business, creatively approach the solution of various economic tasks, possess practical skills of independent economic work in the field of entrepreneurship, calculate your personal budget, have clear background information and fast and correct orientation to economic indicators, analyze events and actions from the point of view of the field of legal regulation and be able to refer to the necessary regulations, navigate the current legislation, using the law to protect their rights and interests, to use spiritual and moral mechanisms to prevent corruption</p> <p>Skills: acquire practical skills in building graphs and diagrams illustrating various economic models, independent economic work in the field of entrepreneurship, quickly and correctly navigate the actual source information and estimated economic indicators, determine the levels of financial security, have the skills to identify problems of an economic nature in the analysis of specific situations and their solutions, taking into account the actions of economic patterns at the micro and macro levels, conducting discussions on legal issues, on the application of norms in the modern period, analysis of the situation of conflict of interests and moral choice.</p>
1	Fundamentals of scientific and environmental knowledge	General education	<p>Know: forms and methods of pre-scientific, scientific and extra-scientific cognition, modern approaches to socio-humanitarian knowledge and their commensurability; basic epistemological models, the nature of transformations of the concept of rationality; fundamentals of ecology and safe human activity in the habitat, environmental factors and their impact on living organisms, methods for identifying, eliminating the influence of harmful factors on the person and the environment, and providing comfortable conditions for human life and activity;</p> <p>Be able to: formulate and solve problems that arise in the course of research and require in-depth professional knowledge; modify existing and develop new methods based on the tasks of a specific study; choose methods of protection from hazards in relation to the field of their professional activities and choose ways to ensure comfortable living conditions;</p> <p>The skills of conducting independent research and scientific and pedagogical activities that require extensive education in the appropriate direction; the ability to apply methodological and methodological knowledge in conducting scientific research; skills to ensure the safety of life in professional activities, living conditions and in emergency situations.</p>

3	Professional Russian (Kazakh) language	General professional competencies	<p>Know:</p> <ul style="list-style-type: none"> - professional vocabulary and terminology; - the specifics of oral communication in the professional field; - linguistic features of oral and written communication; - features of business communication and business etiquette. <p>Be able to:</p> <ul style="list-style-type: none"> - use the Russian language in interpersonal communication and professional activities; - to carry out business communication and conduct business conversations on professional topics; - to make out and transfer the necessary information in writing; - explain your point of view and critically evaluate the provisions put forward; - create your own statements, essays, etc. - apply business etiquette in speech.
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			<p>Own:</p> <ul style="list-style-type: none"> - skills of expressing one's thoughts and opinions in interpersonal and business communication in Russian; - professional terms and concepts; - analysis of professional text; - information competence: the ability to work with a book, textbook, reference literature, dictionaries, find the necessary information.
3	Professionally oriented foreign language	General professional competencies	<p>Know:</p> <ul style="list-style-type: none"> - lexical material on the topics of this discipline; - regulatory requirements for registration (official letter, essay, etc.); - improve pronunciation skills; - develop productive and receptive lexical and grammatical skills; -to improve the skills of dialogic speech of a general nature associated with situations of everyday and professional communication; - develop listening skills (with a full understanding of what they heard); - develop and improve writing skills; - improve the skills of introductory, studying, viewing and search reading. <p>be able to:</p> <ul style="list-style-type: none"> -automate the technical skills of reading to oneself; - develop the ability to transfer scientific information and literature of a socio-political nature; - develop the skills of monologue (prepared) speech - the deployment of the thesis; - master reversed reading aloud of the prepared message; - teach referencing skills. <p>Own:</p> <ul style="list-style-type: none"> - complexity in solving practical, educational, educational and developmental goals (at the same time, practical goals act as leading ones);- communicative orientation of the learning process.
3	Medical Psychology	General professional competencies	<p>I know:</p> <ul style="list-style-type: none"> - the main directions and content of the work of a psychologist in medical institutions; - the importance of psychological factors in the development, course and treatment of neuropsychiatric and somatic diseases; mental manifestations of various diseases, personality anomalies, deviations, neuropsychiatric disordersin their dynamics in children and adults; - experimental and psychological methods for diagnosing disorders of mental functions and processes, as well as personal manifestations; - the basics of psychotherapyand realization as the restoration and preservation of

			<p>not only health, but also the personal and social status of the patient;</p> <p>Inme:</p> <ul style="list-style-type: none"> - analyze and highlight the causes of disorders or deviations of the psyche, the role of the mental factor in the occurrence, course and treatment of a particular disease; - to conduct differential-psychological diagnostics of mental disorders in the clinic of psychoneurological, psychosomatic and somatic disorders; <p>Skills:</p> <p>disorders in the clinic of psychoneurological, psychosomatic and somatic disorders; the technique of independently conducting pathopsychological research; the basic ideas of omethodology of planning, conducting and processing the results of psychologicalresearch in the clinic and in mass psychoprophylactic studies of various groups of the healthy population.</p>
3	1. History of psychology	General professional competencies	<p>To know: the main stages of the formation of psychology; problems of modern psychology; socio-historical conditions that determined the emergence and development of scientific psychological schools and directions; conditions for the formation of scientific views of domestic, Soviet, foreign scientists psychologists.</p> <p>Be able to: present material on the problems of the history of psychology in oral and written form; apply the knowledge gained in practice.</p> <p>Skills: using methods of historical and psychological analysis.</p>
	2. Development of psychological science in Kazakhstan		<p>To know: the history of the development of psychological science in Kazakhstan; outstanding scientists-psychologists who stood at the origins of the development of psychological science and modern scientists-psychologists.</p> <p>Be able to: evaluate various events and phenomena in the history of the development of psychological science; competently use theoretical knowledge in the practice of modern educational institutions.</p> <p>Skills:application of the obtained theoretical knowledge in practice</p>
3	1. Fundamentals of conflictology	General professional competencies	<p>To know: the most important concepts and terms of conflictology, the specifics of the emergence and development of conflicts, methods of conflict resolution.</p> <p>Be able to: independently identify the main signs of conflict; regulate conflict situations.</p> <p>Skills: possess conflict resolution skills; styles of interaction in conflict situations; carry out prevention of conflict behavior.</p>
	2. Conflictology in social work		<p>To know: the essence and forms of conflict manifestation in modern conditions of public and personal life; patterns, features of the emergence and development of conflicts in social work; objective and subjective sources and causes of conflicts in social work; forms of manifestation and classification of conflicts; the nature and functions of conflicts; the structure of the conflict and its main components.</p> <p>Be able to: analyze the conditions and causes of conflicts in social work; carry out a</p>

			<p>comparative analysis of conflicts and classify them; identify ways and means of conflict resolution in social work; identify the features of conflicts in social work and determine ways to effectively resolve them;</p> <p>Skills: knowledge, analysis and forecasting of conflictological aspects of professional activity; behavior in conflict situations, as well as correct assessment, forecasting, prevention of conflicts, optimal means and methods of their resolution and management of conflict situations.</p>
4	1. Psychology of extreme situations	General professional competencies	<p>To know: the subject, tasks and scope of the psychology of extreme situations; basic concepts and their relationship (stressful, tense, extreme situation); types of stressful and extreme situations; primary reactions and behavior of a person, groups in extreme situations; dynamics of behavior and mental state of people in natural disasters and technical disasters; symptoms of post-traumatic stress disorders; ways of providing psychological assistance to people exposed to extreme situations.</p> <p>Be able to: freely use special terms; navigate various types of extreme situations and forms of behavior of people in these situations; navigate the methods of diagnosis of mental states, human behavior in extreme situations, diagnosis of PTSD.</p> <p>Skills: Organization of work in an extreme situation; Diagnosis of acute stress reaction, traumatic stress; Master techniques and methods of emergency psychological assistance of various psychotherapeutic directions.</p>
	2. Psychology of educational space security		<p>To know: features, specifics and technology of the organization of a psychologically safe environment in an educational institution; psychological features of the behavior of schoolchildren; ways of providing first psychological aid to victims.</p> <p>Be able to: provide psychological assistance in various forms of psychological trauma; carry out preventive measures to prevent psychological trauma in the contingent of an educational institution.</p> <p>Skills: methodological tools of the process of forming a psychologically comfortable and safe educational environment, ways to prevent and overcome threats and risks of the educational environment.</p>
4	1. Methodology of scientific and psychological research	General professional competencies	<p>To know: the principles of psychological research and its stages; the main methods of organizing psychological research; the main types of scientific research and requirements for them;</p> <p>Be able to: organize scientific psychological research; make a choice of research methods in accordance with the goals and objectives of the study, the age of the subject, and other factors;</p> <p>Skills: organization of standardized psychological observation; preparation of a questionnaire; processing and interpretation of the results obtained in the process of experimental psychological research</p>
	2. Mathematical statistics in		<p>To know: the concept of probability, probabilities of simple and complex events, a</p>

	psychology		<p>random variable, its various quantitative characteristics, ways of representing random variables, basic distributions, statistical hypothesis and statistical criterion, errors of the first and second kind, basic statistical criteria.</p> <p>Be able to: calculate the probabilities of complex events; calculate the distribution parameters of the main random variables, build probabilistic models and formulate statistical hypotheses when analyzing experimental data, evaluate the reliability of statistical conclusions using standard data processing packages.</p> <p>Skills: Concepts of probability theory, methods and algorithms of data processing.</p>
3	1. Practical psychology	General professional competencies	<p>To know: the main tasks of practical psychology, the areas of its application; the possibilities of applying knowledge from psychology to solve real pressing problems; differences between practical psychology and applied psychology; methods that are used in practical psychology in the process of working with clients; independent areas of practical psychology: psychological counseling, psychological testing, psychological correction.</p> <p>Be able to: apply individual and group methods of work; use psychological knowledge in building relationships with people and influencing them; conduct psychological counseling, group trainings;</p> <p>Skills: rights, duties and ethical standards; basic technologies of psychological diagnostics, development, psychoprophylaxis, information and correction; methods of evaluating the effectiveness of the use of psychological technologies in the practice of a psychologist.</p>
	2. Theory and practice of family psychotherapy		<p>To know: the cultural and historical nature of the family, current trends in its development; patterns of formation and development of the functional role structure of the family at different stages of its life cycle; psychological features of marital relations; historical, structural, dynamic parameters of the family system, methods of their diagnosis; non-normative family crises and strategies to overcome them;</p> <p>Be able to: conduct marriage counseling, including the choice of a marriage partner and marriage; conduct counseling on marital relations (diagnosis, correction, prevention); provide psychological assistance to the family in crisis situations and divorces; conduct counseling, diagnosis and correction of child-parent relationships; conduct counseling on the upbringing and development of children and adolescents (diagnosis, prevention, correction of disorders and deviations in development).</p> <p>Skills: apply psychotherapeutic methods in family counseling</p>
4	1. Military psychology	General professional competencies	<p>Know: the characteristics of the foci of mass destruction of wartime; the basics of providing first aid to the affected population; the organization of psychological assistance in military conditions; the concepts of fear, stress, panic, affect, deprivation and be able to distinguish them; possible manifestations of victims of extreme situations; psychogenic disorders of the victims; principles of assistance;</p>

		<p>criteria for medical triage; criteria for evaluative syndromic picture; basic provisions of military psychology, its place and role in the system of military science, its subject-object area, the main categories and specifics of regularities; the main directions of psychological activity of units and subunits in various types of combat and in the organization of daily activities.</p> <p>Be able to: provide medical and psychological assistance to the population in wartime and in peacetime emergencies, military personnel and members of their families; apply the basic provisions of military psychological science in the practical activities of a military psychologist; conduct psychodiagnostics and provide psychological assistance to military personnel, members of their families and civilian personnel of military units; make an expert opinion on the professional suitability of a military specialist.</p> <p>Skills: skills in assessing the psychological population in wartime conditions, in peacetime emergencies and military personnel of daily activities and in various types of combat; ways to protect the population, patients, medical personnel and property from damaging factors of various types of weapons and in peacetime emergencies; methods of using medical means of protecting the population, patients and medical personnel.</p>
	<p>2. Psychology of occupational stress</p>	<p>To know: psychological phenomena, categories, methods of studying and describing the patterns of functioning and development of the psyche from the perspective of existing approaches in domestic and foreign science; psychological technologies that allow solving typical tasks in the areas of working with stress; basic approaches to psychological impact on individuals, groups and communities; patterns and principles of the organization of the educational process; basic psychological and physiological concepts of stress; systematization of stressful factors and situations; grounds for differentiation of different forms and types of stress; methods of diagnosis of stressful states; methods of stress relief and methods of counseling people experiencing crisis conditions; systematization of techniques and means of psychoprophylaxis and stress correction; specifics of working with people experiencing stress, the main organizational forms of implementation of programs and psychological technologies of mental state management;</p> <p>Be able to: analyze psychological theories of the emergence and development of the psyche in the process of evolution, the development of stressful states in an individual; predict changes and dynamics of the level of development and functioning of various components of the psyche in normal and with mental abnormalities under the influence of stress factors; professionally influence the level of development and features of the cognitive and personal sphere in order to harmonize the mental functioning of a person in order to prevention of stress</p>

			<p>conditions; design, implement and evaluate the educational process taking into account the age-psychological characteristics of students; analyze various conditions and factors contributing to the development of stress; to orient oneself in the field of psychoprophylactic and psychocorrective methods and means for the purpose of effective correction of stressful states; to justify the need for the use of psychological influences in order to form an optimal functional state; to implement applied stress management programs mastered within the framework of the training course;</p> <p>Skills: the main methods of diagnosis, prevention, examination, correction of psychological properties and conditions, characteristics of mental processes, various types of activity of individuals and groups in various stressful conditions; criteria for the selection of psychodiagnostic and psychocorrective techniques; skills of interpretation of the data obtained; skills of constructing basic schemes of therapeutic, advisory, training programs, etc.; skills of analysis his activity as a professional psychologist in order to optimize it, the skills of psychoprophylaxis and psychoregulation; modern technologies and methods of implementing the educational process; methods of preparation and conducting laboratory and practical classes; skills of providing psychological support, therapy and correction to persons with post-traumatic stress disorder.</p>
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3. List of modules included in the educational program

№ module	Name modulya	List of disciplines included in the module	Block	semester	Volume Credits	Form Control	Total credits modulo
M.1	History of Kazakhstan	History of Kazakhstan	MC GS	1	5	SE	5
M.2	Basics of Bilingual Training	Kazakh (rus) language	MC GS	1,2	10	Exam	20
		Foreign language	MC GS	1,2	10	Exam	
M.3	Fundamentals of functional literacy	Information and Communication Technologies	MC GS	2	5	Examan	5

M. 4	Socio-political and economic-legal, natural knowledge	Philosophy	MC GS	3	5	Exam	18
		Cultural studies	MC GS	1	2	Exam	
		Political science	MC GS	2	2	Examan	
		Sociology	MC GS	1	2	Exam	
		Psychology	MC GS	2	2	Exam	
		Fundamentals of economic and legal knowledge	FELK1111	2	3	Exam	
		Fundamentals of scientific and environmental knowledge	FSEK1112	2	2	Exam	
M.5	Physical education	Physical education	MC GS	1,2,3,4	8	Dif.offset	8
M.6	Main aspects of psychology	Introduction to the specialty	BK BD	1	3	Exam	4
		Educational practice	BK BD	1	1	Dif.offset	
M.7	Features of individual personality development at different age stages	Developmental Psychology	BK BD	1	5	Exam	9
		Psychology I	BK BD	1	5	Exam	
M.8	Psychological features of communication and personality development in groups	Psychology II	BK BD	3	4	Exam	7
		Introduction to Social Psychology	BK BD	3	3	Exam	
M.9	Basics of professional skills and culture of communication of a psychologist	Practical training "Psychological service in the education system"	BD/E	4	4	Dif.offset	9
		Culture of communication and business ethics Professional skill and ethics of a psychologist	BK BD	4	5	Exam	
M.10	Professional languages	Professional Kazakh (Russian) language	BK BD	5	3	Exam	6
		Professionally-oriented foreign language	BK BD	6	3	Exam	
M.11	The main directions of work of a practical psychologist	Practical training in special institutions	BD/E	5	3	Dif.offset	8
		Pediatric Neuropsychology Health Psychology	BD/E	4	5	Exam	
M. 12	The main directions of the psychological service	Psychodiagnostics Developmental psychology	BD/E	3	6	Exam	12
		Projective Methods in Psychology Practicum in Psychology	BD/E	4	6	Exam	
M.13	Practical activity of a psychologist	Personal Growth Training Communication Skills Training	BK PD	3	5	Exam	10
		Basics of psychological counseling	BD/E	4	5	Exam	

M. 14	Historical Aspects of Psychological Science	History of psychology Development of psychological science in Kazakhstan	BK PD/E	5	5	Exam	8
		Ethnopsychology Psychology of thinking and intellect	BD/E	4	3	Exam	
M. 15	The activity of a psychologist to preserve the psychological health of the individual	Cognitive Psychology Basics of Psychoregulation		5	5	Exam	15
		Psychogenetika	BK PD	3	5	Exam	
		Medical Psychology	BK PD	5	5	Exam	
M. 16	Therapeutic and correctional methods in psychology	Psychology of deviant and suicidal vision Psychology of aggression	BD/E	6	6	Exam	22
		Correctional Psychology Workshop on Psychodiagnostics	BD/E	6	5	Exam	
		Practical Psychology Theory and Practice of Family Psychotherapy	BD/E	6	5	Exam	
		Emotional flexibility of psychologists Psychology of Burnout	BD/E	6	6	Exam	
M. 17	The work of a psychologist with the family	Fundamentals of Psychotherapy Existential Psychology	BD/E	6	5	Exam	14
		Psychology of Family and Marriage Ethics and Psychology of Family Relations	BD/E	5	4	Exam	
		Fundamentals of Conflictology	BD/E	5	5	Exam	
M. 18	Applied areas of psychology	Legal Psychology Political Psychology	BD/E	7	5	Exam	9
		Military Psychology Psychology of Occupational Stress	PD/E	8	4	Exam	
M. 19	Socio-psychological direction of practical psychology	Psychology of extreme situations Psychology of the safety of the educational space	BD/E	7	5	Exam	20
		Psychological service in the social sphere Organization of psychological service in various institutions	BD/E	7	5	Exam	
		Work experience	BK PD	8	10	Dif.offset	
M. 20	Research activity of a psychologist	Pre-diploma practice	BK PD	8	4	Dif.offset	9
		Methodology of scientific and psychological research Mathematical statistics in psychology	BD/E	7	5	Exam Exam	
M. 21	Psychotherapeutic methods in psychology	Art therapy techniques. Fundamentals of individual and group psychotherapy	PD/E	7	5	Exam	10

		Gestaltpsychology. Fundamentals of psychoanalysis	PD/E	7	5	Exam	
M.22	The activity of a psychologist in the field of management	Psychology of management Psychology of communication and negotiations	PD/E	8	4	Exam Exam	4
M.23	Final certification	Final certification	DVO	8	8	FC	8
	In total						240

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